

# Your Relationship with MONEY

1 What does money **GIVE** you?

2 Do you **VALUE** or **NOT VALUE** money? Please explain.

3 Do you feel **SUPPORTED/UNSUPPORTED** by money? Please explain.

4 Do you feel **RESPECTED/DISRESPECTED** by the amount of money you make? Please explain.

5 Do you **EARN ENOUGH** money to support yourself? Please explain.

6 Do you **WANT MORE** money?    Yes    No    *If yes, how much more?*

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7

Are you in **DEBT**?    Yes    No    *If yes, how much more?*

*If so, how much £ due to what circumstances?*

*What level of debt are you comfortable with?*

8

8. On a scale of (1 - 10), rate your **COMFORT LEVEL** in relation to **RECEIVING MONEY** from others.

01

02

03

04

05

06

07

08

09

10



*Uncomfortable*



*Neutral*

*Comfortable*



*Why?*

9

Have you ever felt **BETRAYED/MANIPULATED** by someone else in relation to money?    Yes    No

*Please describe.*

10

Have you ever used money as a form of **POWER/CONTROL** over someone else?    Yes    No

*Please describe.*

11

Is money a force for **GOOD OR HARM** in the world?    Yes    No

*Please describe.*