



NEHA SANGWAN, MD

CEO and founder of Intuitive Intelligence, is an engineer, physician and communication expert empowering entrepreneurs, corporate leaders, and organizational teams to

excel under pressure. Dr. Sangwan is an international speaker and influencer on the topics of high-performance, emotional agility, conflict resolution, and the unique communication struggles of teams in high-stress environments. She has had the honor sharing her work on three TEDx stages. Neha is also the author of *TalkRx: Five Steps to Honest Conversations that Create Connection, Health and Happiness* which was also turned into a public television program.

She consults with a range of companies from Silicon Valley start-ups to Fortune 100 iconic brands. Dr. Sangwan has pioneered comprehensive programs that combine the science of medicine with the art of communication to catalyze resilient and healing organizational cultures.

Some of her clients include: Turtle & Hughes, Google, American Express, BDO, Apple, SiTime, Stanford University, University of Michigan, and Harvard's Brigham and Women's hospital.

Neha is the co-founder of the Conscious Business Leadership Academy (CBLA), a program for CEOs to learn and implement the principles of Conscious Capitalism in their organizations. She also co-leads the CBLA C-Suite program to support executive team alignment.

In addition, Dr. Sangwan's private practice has a unique approach combining her experience in medicine, neuroscience, mindfulness, and executive coaching to focus on root cause healing. She inspires leaders to elevate their personal power through practical tools that integrate their physical, mental, emotional, social and spiritual health. Dr. Sangwan's upcoming book — *Powered By Me: From Burned Out to Fully Charged at Work & in Life* demystifies how to identify, prevent and heal burnout.

Dr. Sangwan earned her Bachelor of Science in Mechanical and Biomedical Engineering from Michigan State University. She worked as a manufacturing engineer for Motorola before attending medical school at State University of New York at Buffalo. She subsequently completed her Internal Medicine residency training at Temple University Hospital and became board certified. She went on to become nationally certified by the International Federation of Coaches and is on the faculty for the Center for Mind Body Medicine (CMBM). As part of the CMBM global team, she is passionate about training Ukrainian therapists on how to heal the wounds of war.